

## Outline for teaching the Sewing Honor

This is set up to be a round robin type process to be able to teach a larger number of Pathfinders. The number of stations will depend on the number of sewing machines and the number of Pathfinders. Try to have at least one sewing machine for every four to five Pathfinders. Remember that this is a rough guide and not every detail has been outlined.

**EQUIPMENT NEEDED:** Sewing machines, scissors, pinking shears, tape measure, thimble.

**FOR EVERYONE:** needles, buttons, snaps, fabric scraps, thread, ripstop for bags, cording, diagram of sewing machine and fabric grain. Give everyone the list of items needed for their sewing kit before the class starts.

### STATION 1

1. Describe the proper use of sewing equipment: *(This can be done with everyone together or divided into several groups, maybe boys and girls.) Everyone should have needle, thread and fabric scrap to practice on.*
2. Hem a towel, showing neat even stitches. *(Everyone will neatly hem one side of a blue, surgery towel.)*
3. Properly sew on buttons and snaps. *(Discuss why everyone needs to know how to sew on a button, demonstrate how, let everyone do it, they can be sewn on the same fabric that was hemmed.)*
4. After a pathfinder is checked off on each of these requirements, they will go to the next station.

**STATION 2 (There will be as many station 2's as there are sewing machines, divide the number of people by the number of machines to find the number in each group. As the kids are done with station 1, they will go to the first station 2 until it is full.**

1. Become acquainted with the sewing machine and identify its parts. *(Give everyone a diagram of a sewing machine to follow.)*
2. Demonstrate how to properly thread and run the machine.
3. Tell what is meant by salvage, bias, straight of goods, and crosswise of goods. *(This can be discussed while the fabric is being cut out to make a camping bag, have a poster on the wall showing this. )*
4. Make a bag for camping, or a similar simple item.

### STATION 3 -

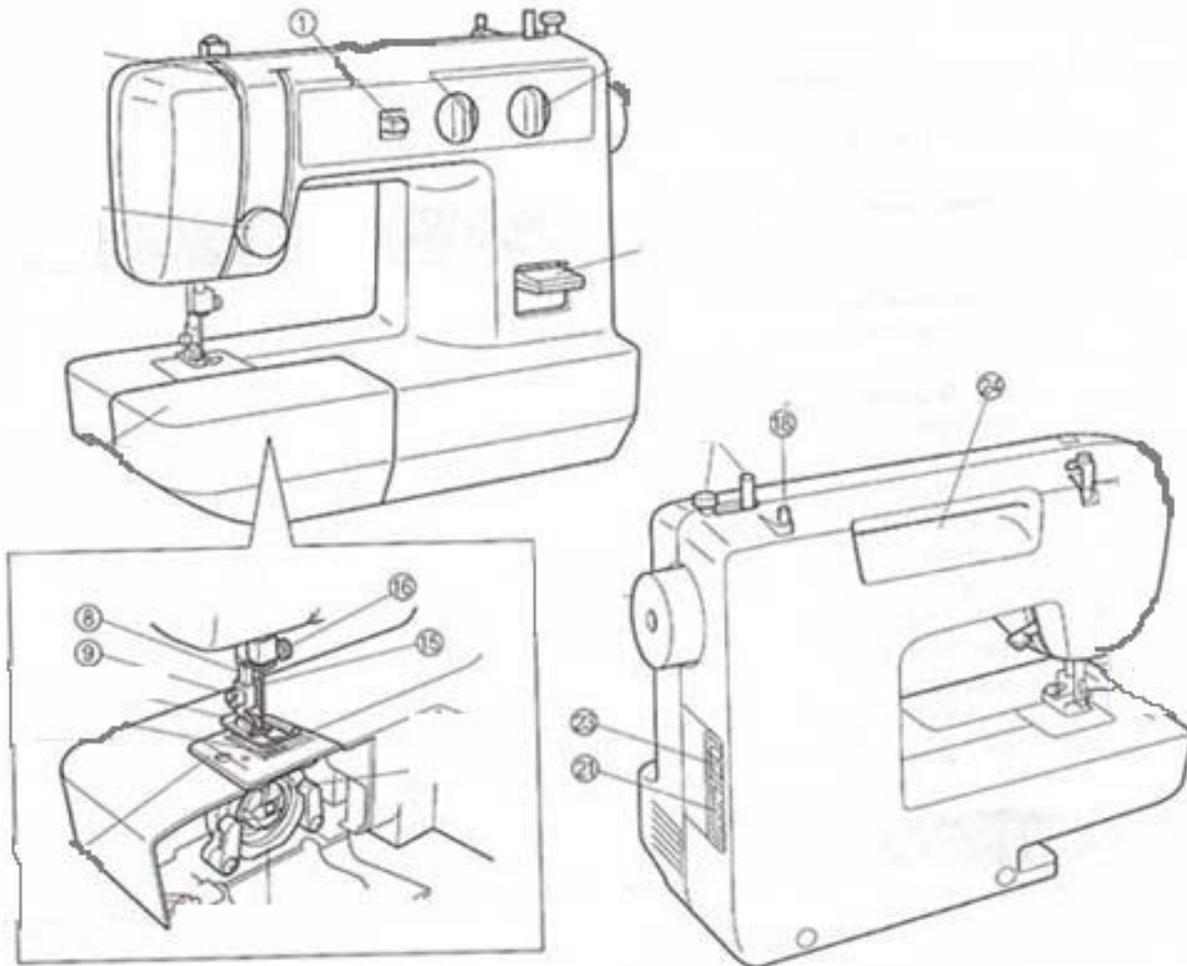
Take test.

Name \_\_\_\_\_ Date \_\_\_\_\_

### PATHFINDER BASIC SEWING TEST

1. Identify the parts of the sewing machine.

- |                         |              |
|-------------------------|--------------|
| a. Balance wheel        | e. Needle    |
| b. Thread take-up       | f. Feed dogs |
| c. Pressure foot        | g. Bobbin    |
| d. Pressure foot lifter | h. Control   |



2. When should pinking shears used? \_\_\_\_\_
  - a. When your fabric ravel.
  - b. For a decorative look.
  - d. Both a. and b.
  
3. What should fabric scissors not be used for? \_\_\_\_\_
  - a. Cotton fabric
  - b. Paper
  - c. Nylon fabric
  - d. Wool fabric
  
4. True or False - It is a good thing to learn to use a thimble when you start learning to sew, because it will be harder to learn later.
  
5. Label the parts of a yard of fabric.
  - a. salvage
  - b. bias
  - c. straight of grain
  - d. crosswise of grain

## **Sewing Honor**

**Name:** \_\_\_\_\_

You will need to have a practical sewing box to keep you sewing supplies in, include:

- needles (selection of sharps)
- pins (small box of sewing not quilting pins)
- scissors
- tape measure
- pin cushion (optional)
- hem gauge (optional)
- thread - not needed for the class (recommend white & black)

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